

Calendar of Events

November 2008

- 6 - FGP Inservice at Rock Valley Senior Center
- 7 - FGP Inservice at Sheldon Christian Retirement Center
- 12 - SCP/Parkview Inservice in Rock Valley

December 2008

- 9 - Inservice/Christmas Party in Rock Valley

January 2009

- 8 - FGP/SCP Inservice in Rock Valley
- 9 - Inservice in Sheldon

February 2009

- 10 - FGP/SCP Inservice in Rock Valley

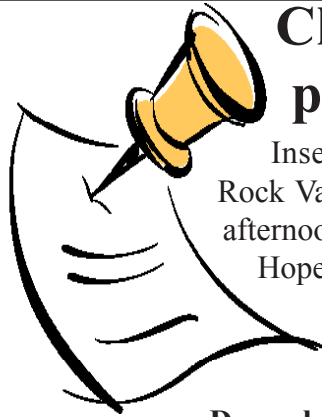
November Birthdays

- 6 - Harriet Van De Kieft
- 11 - Luella Loges
- 17 - Adriana Dykstra
- 22 - Mina Vogelzang
- 23 - Karen Lammers
- 28 - Marcelle Butler



Income Review Forms Needed ASAP.

Please send to FGP/SCP office. If you have questions please call.



Christmas Celebration planned for Inservice

Inservice will be held on Tuesday, December 9th at the Rock Valley Senior Center. Lunch will begin at 11:30am. An afternoon of fun is planned as we enjoy the Christmas season. Hope Haven's Gospel Choir will give us a short concert. A few holiday traditions will be explored.

All foster grandparents and senior companions are required to attend. Please call before Friday, December 5 if you will NOT be attending. A meal will be reserved and ordered for you on this date. If you call after December 5, we will have ordered an extra meal.

For inservice cancellation information please listen to the following radio stations: KSOU 93.9 FM or 1090 AM, KDCR 88.5 FM, or KIWA 105.5 FM or 1550 AM. Please call the office if you are not certain about inservice cancellation. We hope to see all of you there!

ICE campaign "In Case of Emergency"

We all carry our cell phones with names and numbers stored in its memory but nobody, other than ourselves, knows which of these numbers belong to our closest family or friends. If we were to be involved in an accident or were taken ill, the people attending us would have our mobile phone, but wouldn't know who to call. Yes, there are hundreds of numbers stored but which one is the contact person in case of an emergency?

Hence this "ICE" (In Case of Emergency) Campaign. The concept of "ICE" is catching on quickly.

It is a method of contact during emergency situations. As cell phones are carried by the majority of the population, all you need to do is store the number of a contact person or persons who should be contacted during emergency under the name "ICE" (In Case Of Emergency).

The idea was thought up by a paramedic who found that when he went to the scenes of accidents, there were always cell phones with patients, but they didn't know which number to call. He therefore thought that it would be a good idea if there was a nationally recognized name for this purpose.

In an emergency situation, Emergency Service personnel and hospital Staff would be able to quickly contact the right person by simply dialing the number you have stored as "ICE".

It won't take too long before everybody will know about this. It really could save your life, or put a loved one's mind at rest.

For more than one contact name simply enter ICE1, ICE2 and ICE3 etc. A great idea that will make a difference! Let's spread the concept of ICE by storing an ICE number in our cell phones.

