

## Calendar of Events

### January 2011

- 11 - SCP Inservice at Rock Valley Senior Center
- 13 - FGP Inservice at Rock Valley Senior Center
- 14 - FGP Inservice at Sheldon Christian Retirement Center

### February 2011

- 15 - SCP Inservice at Rock Valley Senior Center
- 17 - FGP Inservice at Rock Valley Senior Center
- 18 - FGP Inservice at Sheldon Christian Retirement Center

### March 2011

- 15 - SCP Inservice at Rock Valley Senior Center
- 17 - FGP Inservice at Rock Valley Senior Center
- 18 - FGP Inservice at Sheldon Christian Retirement Center

### April 2011

- 29 - Annual Volunteer Recognition Banquet

## January Birthdays

- 08 - Merle Westover
- 11 - Helen Lucas
- 13 - Margaret Norton
- 15 - John Cleveringa
- 18 - Lavonne Riphagen
- 21 - Goldie Kamies
- 23 - Leora Reemtsma
- 26 - Edith Knobloch
- 26 - Jerry Burgers
- 26 - Leila Lyman
- 30 - Betty Vande Griend



## February Inservice Meetings

### Rock Valley

SCP Inservice will be held on February 15 at the Rock Valley Senior Center. Lunch will be served at 11:30 am. **Please call before Friday, February 11 if you will NOT be attending.** A meal will be reserved and ordered for you on this date. If you call after February 11, we will have ordered an extra meal.

FGP Inservice will be held on February 17 at the Rock Valley Senior Center. Lunch will be served at 11:30 am. **Please call before Monday, February 14 if you will NOT be attending.** A meal will be reserved and ordered for you on this date. If you call after February 14, we will have ordered an extra meal.

**Sheldon** FGP Inservice will be held on February 18 at the Christian Retirement Center. Lunch will be served at 12 noon. **Please call before Tuesday, February 15 if you will NOT be attending.** A meal will be reserved and ordered for you on this date. If you call after February 15, we will have ordered an extra meal.

## Generations on-line

*Get in touch with your kids and grandkids - Its easy and free!*

Learn to send and receive email and safely search the internet. Community Action Agency of Siouxland and Senior Service America are offering hands-on computer mentoring for seniors. Call 800-352-3725 ext. 231 for more information about locations in your area and to schedule your one-to-one time(s) with a computer coach. This is a free service and comes recommended by the Foster Grandparent and Senior Companion Programs.

## Winter Weather



As a volunteer you need to be aware of a few items in regards to bad weather, late starts and school closings.

Listen to your local radio station for your school or site announcement for changes in the schedule of your site or no school due to road or weather conditions. If you drive to your site and the weather is questionable, please use your best judgement. If you are concerned about the weather, consider staying home.

Stipends will be paid for all hours that are missed due to weather related conditions. Please mark your weather related absences on your timesheet.

## Home Show Help

Volunteers are needed to help promote the Foster Grandparent and Senior Companion Programs at upcoming home shows in Sheldon, Sibley, Rock Rapids, Sioux Center, and Sutherland. Most home shows are scheduled during the month of March. Call the office for dates and schedules of the different town home shows. Please let the office staff know if you are available to volunteer some time at the indoor fairs. Your help is greatly appreciated. Thank you.

**For inservice cancellation information, please listen to the following radio stations: KSOU 93.9 FM or 1090 AM, KDCR 88.5 FM, KIWA 105.5 FM or 1550 AM, and KLEM 96.9 FM. Please call the office if you have questions.**